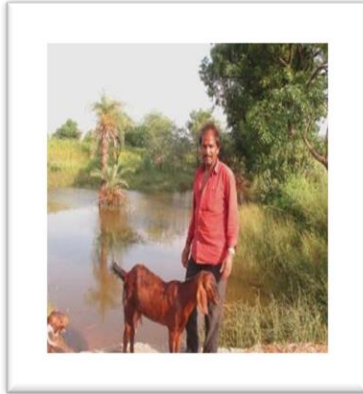
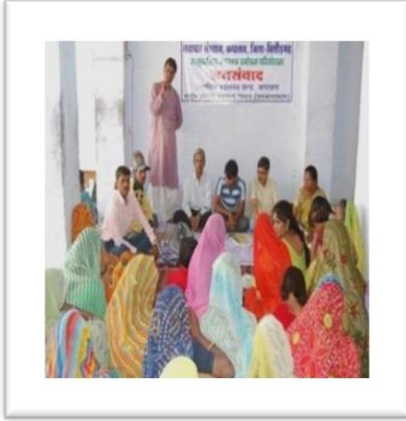


# NAVACHAR SANSTHAN

(The Voice of Unvoiced)



## Annual Report 2018-19



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### ***Message from Secretary's Desk***

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Dear all,

I greet to all our well-wishers presenting annual report of the year 2018-19. The outreach and work of NAVACHAR SANSTHAN needs further strengthening so that the challenges of development can be shared by larger number of development stakeholders-both government and non-government. I call upon our long standing supporters to further strengthen NAVACHAR SANSTHAN so that we can keep the organization relevant and live to the development needs of communities across its work area. The innovative work by NAVACHAR SANSTHAN on different issues targeting approach along with building capacities of functionaries to actually make an impact on quality of life of the poorest, needs to be supported further so that it reaches a size where it influences stakeholders to focus on the needy segments.

Institutional reforms have given a strong impetus to economic growth but it has also led to new challenges of inclusion and servicing communities left behind; the challenge of inclusive development requires a convergence of efforts. In this context, NAVACHAR SANSTHAN's work around health and education provides the nucleus around which we build up more effective and efficient interventions for the empowerment of excluded communities. *NAVACHAR SANSTHAN's completed journey of over 33 years with so many ups and downs and adverse conditions, which is still we are facing. Policy changes also affecting our working at financial and technical resources levels. But, we are very thankful to well-wishers and team of colleagues who never gone away from NAVACHAR SANSTHAN's efforts.*

With Best Wishes,

Arun Kumawat  
Secretary

### ***The Overview on NGO***

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*NAVACHAR SANSTHAN* formed by a group of social activists during the year 1985. It also became legally constituted NGO by registration under Rajasthan Societies Registration Act 1958 during the year 1988. *NAVACHAR SANSTHAN* is actively working by not for profit and secular nature with democratic values since the inception. The NGO has its operational area within Rajasthan state in whole, but it has prior focus on Chittorgarh and Pratapgarh districts and we also have emphasis in rest part of southern Rajasthan and Hadoti region of Rajasthan on specific issues.

*NAVACHAR SANSTHAN* is implementing its projects/ activities by funding support of several National/ International agencies and self-generated funds. The NGO also has vast experience to work with several Government departments of Rajasthan and Government of India. *NAVACHAR SANSTHAN* has its well-equipped head office in operational area within Kapasan block of Chittorgarh district. NGO also has contact points at three district headquarters to work on wider level.

### ***The Vision of the NGO***

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To establish self-sufficient and empowered rural communities” by promoting skilled individual and strong group based on the concept of values of human welfare, democracy and global unity

### ***The Mission of the NGO***

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To achieve our goal we ensure our active participation in the healthy competition of time bound, economic, result oriented and transparent programs by positive thinking with optimum utilization of available resources and facilities. Then only we can learn and respect our heritage and can save it and build it progressive.

## ***Major Accomplishments of the Year***

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### **Women's SHGs converted as Peer Groups:**

NAVACHAR SANSTHAN is actively involved for well-functioning of rural women's development by collective action. So 250 women's SHGs in 100 villages formed by the organization in past. Every year, the NGO organized cluster level orientation programmes for SHG members to build their capacities to maintain their functioning in routine. During the completed year, NAVACHAR SANSTHAN converted these SHGs into Peer Groups to promote collective action for women's community at village level. Two orientation programmes for Peer Groups organized at Dhindholi, Chakuda,



Hingoriya, Bhopalsagar, Karukada, Akola, Balareda, Dovani, Hatiyana, Umand clusters. Major components of orientation programme were; education- health and sanitation- livelihood- involvement in village level committees. The completed task covered total 3750 women's groups in all 10 targeted clusters, while each cluster includes 10 villages.

### **Developing Leadership among Rural Women:**

The objective of the activity is; to enhance leadership quality among women's Peer Group



members. It is a regular activity of every quarter, which has three key purposes to complete the task like; identification of active women members- orientation of identified women to remove their hesitation and shyness- skill development training of women to take purposeful initiative within the group. During the year, NAVACHAR SANSTHAN organized 10 programmes in Kapasan

block of Chittorgarh district. The covered villages are Rupakhedi, Hapakhedi, Shambhupura, Junakeerkheda, Pavatiya, Blaheda, arniya, Kachhiyakhedi, Damakheda,

Tarakhedi. Completed programme helps the women members to raise and solve their problems at group and external level. The programme is supported by CHETNA- Ahmadabad

**Adolescents' Health:**

Rural adolescent girls are a major target group of NAVACHAR SANSTHAN. The organization providing support to them for wellbeing by awareness on health including the aspects of general health-hygienic nutrition and care during menstruation and life skill education. The efforts aiming to educate and aware rural adolescent girls for maintenance of routine health by care and precautions. Rural adolescent girls of Rupakhedi, Hapakhedi, Shambhupura, Junakeerkheda, Pavatiya, Blaheda, arniya, Kachhiyakhedi, Damakheda, Tarakhedi villages



covered under the activity of one day camp at all village level. Health workers of the organization gone through a scheduled training module to educate girls. The activity organized on non-funded basis at organization's level.

**Nourishing School Programme:**



It is an innovative programme targeting school going children to check their health based on food habits and nutritional values in food they are taking in homes- packed edibles out of homes and Mid-Day Meal in schools. Project covers the children of 4<sup>th</sup> to 9<sup>th</sup> class. The project completes a cycle of step by step activities at the end of three years. Following table

shows the NAVACHAR SANSTHAN's intervention for this project;

Year	Selected Schools	Key Activities Done	Support Activities Done	Children Covered
2016-17	5	• Baseline Survey	Nil	120
2017-18	5	• Tool kit launching workshop/ distribution of kits	• Use of kit by children (check by observation)	120

2018-19	10	<ul style="list-style-type: none"> <li>• Select another 5 schools</li> <li>• Baseline Survey in newly selected school</li> </ul>	<ul style="list-style-type: none"> <li>• Use of kit by children of old schools (check by observation)</li> </ul>	240
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During the baseline survey, we also have emphasis on children's home status about children's health. Aim of the project is; to assess overall food habits of children and effects of these on children's health. We also follow up the children of previous and current year.

### **'NavacharGyan Kendra':**

After the completion of National Child Labour Project (NCLP), NAVACHAR SANSTHAN started three 'NavacharGyan Kendra' in rural area of chittorgarh district. Project aims to provide basic education to dropout or non-school going children in informal way. Project has emphasis on rural girls. 30 children are being benefited by the project at each Kendra, while it is a non-funded project. All expenses is bearing by the NGO at its own level. Mainstreaming of rural children by formal basic education is the ultimate goal of the project. So, organization has an key objective to incorporate these children with formal education in Government schools.



### **Maternal & Child Health:**

NAVACHAR SANSTHAN implementing an advocacy project on maternal & child health in Kapasan block of Chittorgarh district and Chhotisadari block of Pratapgarh district. Target group of the



project is pregnant- lactating mothers with their infants. Advocacy on prenatal and post natal precautions- necessary pills and supplement nutrition- child care- immunization and care at family level was the major task of project. Apart of above, we also organized programme for orientation of mother in laws of woman and her husband with woman to ensure that family circumstances should not be obstacle at any level.

NAVACHAR SANSTHAN organizing the activity for the purpose. Health consultants (doctors) also taking attention on every participating woman and her infant for basic checkup and advice at the

place. Rural women and infants of targeted villages getting benefited by the intervention. Project is supported by CHETNA- Ahmedabad.

**Natural Resources Management (NRM):**

The organization is intervening to save 'Jal- Jangal- Jameen' which are crucial factors to protect environment. NAVACHAR

SANSTHAN regularly organizing camps in villages of Chhoti Sadariblock (Pratapgarh district)- Kapasan- Rashmi- Bhopal sagarblock (Chittorgarh district). Camps organizing for farmers' community and local people to aware those on essential issues related to Natural Resources Management at their own level.



Organization's resource persons (RPs) attending the camps and interacting with the participants for the purpose. RPs solving the questions and removing their misconceptions regarding the NRM by one-to-one and one-to-group basis. RPs interacting in each camp on following issues;

- Preserve the rain- surface- ground water at community and individual level
- Choose the crops which needed minimum input of water
- Adopt organic pesticides and fertilizer, *don't use chemical insecticides and manure*
- Save trees, use alternative fuel and energy at domestic level
- Improve soil fertility by organic methods like; use of cow dung
- Take guidance from 'Krishi Vigyan Kendra' of their district to adopt organic farming
- Have focus on plantation at domestic and community level
- Be aware and spread awareness for natural resources management
- Farmers community should feel himself entrepreneur, while they feeling only the worker on their own farm fields

### **'Mega Event' for Awareness on Cotemporary Issues:**

Aim of activity is; to raise awareness on contemporary social issues through IEC activity. The event also incorporates entertainment by organization's communication team (expertise in cultural performances) with social mandate on Protection of Child Rights. Protect Environment- Health. The event organized in Chhoti Sadar blocks (Pratapgarh district)-Kapasana- Rashmi- Bhopal



sagar blocks (Chittorgarh district). It is organizing at wider level to address village communities of 3 to 4 villages. People entertain by cultural performances and Puppet Show based on the issues. All of three major issues include some specific social mandate like; Child Rights: education- removal of child marriages- stop trafficking for child laboring- well-being and

improved health- nutritional support. Protection of Environment: Preserve the rain- surface- ground water- Save trees and use alternative fuel and energy- Plantation at domestic and community level- management of natural resources. Health: Maternal and child health- Regular immunization- supplement nutrition- Access up to Govt. health services- Personal hygiene- Sanitation- Understanding/ Management of Menstruation cycle and Physical changes during teenage years etc.

### **Remarkable Achievements**

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CHINA visit during 5<sup>th</sup> to 16<sup>th</sup> September for participate in Party Convention (COP 13) at ORDOS. Convention held to share experiences on Desertification. All UNCCD members participated in the convention.





After a long struggle of NAVACHAR SANSTHAN with community of Araniya village, 'Aanganwadi' is shifted in permanent newly constructed building. Earlier it was running in a room of shabby and rented building.



A long term agitation with demand to start 'Sub Health Centre' in the own building, NAVACHAR SANSTHAN and people of Hapakhedhi village got success and now 'Sub Health Centre' providing regular services in the village.



NAVACHAR SANSTHAN was an active part of organizers of MLA conference held in Vidhan Sabha Bhavan at Jaipur during third quarter ,

## **Consistence Activities**

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- **General Body Meeting:**

General body of *NAVACHAR SANSTHAN* includes all patrons- all advisors- officials and members from board of management and general members (founders/ nominated). One meeting of general body is essential during each year. Apart of it, additional meetings also can be possible on the call of secretary or president. Meeting of the general body for completed year organized on 25<sup>th</sup> February 2019.

- **Board of Management (BoM) Meetings**

Accordingly the registered by laws of *NAVACHAR SANSTHAN*, minimum four meetings of BoM is essential on quarterly basis during each year. Extra meetings of BoM also can be arranged by the call of secretary/ president. All officials and members of BoM are eligible to participate in the meetings. Regular meetings of BoM for completed year held during the months 2<sup>nd</sup> April 2018- 2<sup>nd</sup> July 2018- 1<sup>st</sup> October 2018 and 31<sup>st</sup> December 2018.

- **Core Group Meetings:**

Core Group of *NAVACHAR SANSTHAN* includes Secretary of the organization- programme coordinators- finance/ accounts officer and administrative officer. Purpose of meetings is to monitor the conclusions of PMC and staff meetings and overall critique the actions accordingly the time frame- finance and norms of registered by laws. Meetings of Core Group organizes on monthly basis.

- **PMC Meetings:**

The organization formed Project Management Committee with inclusion of secretary of *NAVACHAR SANSTHAN* and programme coordinators. Committee meets on monthly basis at organizations office. Day or date for meeting is depends on availability of the secretary of *NAVACHAR SANSTHAN*. Purpose of meetings is review of programmes- reformation in field actions, if required- sharing of experiences.

- **Staff Meetings:**

The meetings of each programme's staff is a regular task, it organizes every month on pre decided date. Programme Coordinator and field staff participates in the meeting, staff of each programme organizes separate meeting to review- sharing of experiences and action plan for

next month. After the each meeting, programme coordinators put up their reports to secretary of *NAVACHAR SANSTHAN* during PMC meeting.

- **CMC Meetings:**

*NAVACHAR SANSTHAN* formed Cluster Management Committee (CMC) to handle cluster level work properly. One cluster includes 10 villages and there are 10 clusters in organization's working area. Representative from each cluster and cluster incharge included in the CMC. Regular meetings of CMC organizes on monthly basis.

- **VMC Meetings:**

*NAVACHAR SANSTHAN* formed Village Management Committee (VMC) in each of 150 villages within its working area. VMC of each village constitutes representatives of each societal community and led by a senior village community leader. VMC members of each village meets once in a month to share the problems of village and interacts on the solutions. *NAVACHAR SANSTHAN*'s worker or representative also participates in the meeting, if available on date.

- **Collective Village Cleanliness:**

VMC of each village responsible to organize one day event once in every month. The event aiming to mobilize village community for collective action to clean public places of village. Objective of event is to generate consciousness among villagers for cleanliness of their village. So, VMCs of all 150 villages are regularly following such event to make it a tradition of the villages. The day or date of event decided during the monthly meeting of VMC.

- **Strengthening of Local Bodies/ Institutions:**

*NAVACHAR SANSTHAN* is active to strengthen the local bodies or institutional. In that connection organization regularly organizing meetings and open interaction sessions at institutional level. During completed year, *NAVACHAR SANSTHAN* organized following strengthening programmes;

- **Strengthening of VHSNWCs:**

*NAVACHAR SANSTHAN* organizes strengthening programmes twice in the year on half yearly basis. The programme organized to strengthen Village Health- Sanitation- Nutrition- Water Committees (VHSNWC) of 10 villages. Rupakhedi, Hapakhedi, Shambhupura, Junakeerkheda,

Pavatiya, Blaheda, arniya, Kachhiyakhedi, Damakheda, Tarakhedivillages covered under the activity.

○ **Strengthening of SMCs:**

NAVACHAR SANSTHAN formed School Management Committees (SMC) in schools of targeted villages. Representatives of village community/ parents and school staff is included in each SMC. The meeting for strengthening of SMCs organized once in the year. Rupakhedi, Hapakhedi, Shambhupura, Junakeerkheda, Pavatiya, Blaheda, arniya, Kachhiyakhedi, Damakheda, Tarakhedi covered under the activity.

○ **Strengthening of RMRS:**

NAVACHAR SANSTHAN is also trying well for strengthening of Rajasthan Medicare Relief Society (RMRS) related staff. Once in the year the organization covered 3 PHCs of Dhamana-Singhpur-Umand and CHC of Kapan for the purpose.

○ **Strengthening of PRIs:**

The organization is also intervening to strengthen the PRI members of selected Gram Panchayats. During the completed year, NAVACHAR SANSTHAN organizes separately 3 workshops for the purpose and ensured participation of PRI members of Rupakhedi, Balarda, Damakheda Gram Panchayats.

● **Advocacy for labourers under MNREGA:**

NAVACHAR SANSTHAN regularly advocating for MNAREGA labourers regarding their facilities at work places- their payments on timely and regular basis and other issues. Organization is intervening at work places and at concerned institutions.

**Staff Engaged during the Year**

<u>Salaried Staff:</u>	<u>Consultants:</u>
<ul style="list-style-type: none"> <li>● Programme Officer- 1</li> <li>● Administrative Officer 1</li> <li>● Accounts Officer - 1</li> <li>● Programme Coordinator - 1</li> <li>● Cluster Incharge - 5</li> <li>● Community Motivator - 1</li> </ul>	<ul style="list-style-type: none"> <li>● Auditor cum financial consultant (NyatiMundra&amp; Company- Chartered Accountants)</li> <li>● Documentation &amp; Technical Assistance (DharmveerYadav- Devashish Bhattacharya- DebujaRanjanChaudhary and Nemi Chand)</li> </ul>

<ul style="list-style-type: none"><li>• Support Staff - 1</li><li>• Instructor - 5</li><li>• Office Helper- 1</li></ul>	<ul style="list-style-type: none"><li>• Jain)</li><li>• Legal Advisor (Sunil Kumar Sinha- Advocate)</li></ul>
Separately of above, 1500 volunteers in the villages also providing their precious contribution for transformation of rural society.	